FITNESS &

Edstone Aqueduct, Bearley and Austy Wood



Approx time: 2.5-3 hours

Directions

Distance: 7 miles

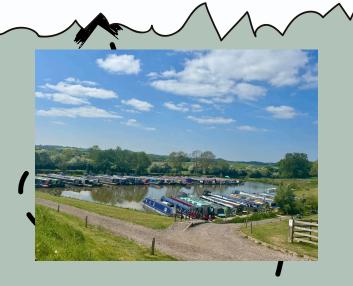
Elevation. 435ft

Parking. At The View, Wootton Wawen (free)

What3words for parking: spirits.stretcher.bothered

Toilets. At the start

OS Explorer map, 1:25,000. OL220 Warwickshire, Stratford upon Avon and Warwick



Photos courtesy of Nikki, Hazel and Sammy

Head towards the main restaurant and cafe. Keep the building to your left and walk thorugh the outdoor seating area. Go through the gate. Continue down the hill on a diagonal until you reach the canal. Turn left and keep the canal on your right. You will pass over the Edstone Aqueduct. Continue straight ahead until you reach Bridge 58. Turn left through the gap in the hedge with a stile.

As soon as you enter the woodland, head diagonally left (approx 10pm on a clock) towards the railway line. At the time of writing there were plastic markers on the trees to help guide you. Cross over the railway line (TAKE CARE!)

Continue into the next field, keeping the ditch to your left. After approx one field you will then need to turn left up hill slightly through the field and head towards the A3400. You'll go over a stile before the road. Stay on this side of the road, then cross over (TAKE CARE) and you'll see the path on the other side of the road that goes in through the hedgerows.

Continue straight ahead until you reach a house on your right and the path turns into tarmac. Continue to pass through houses either side, then drop down to a t junction. Turn right here, up towards the church. This is Bearley. The church is definitely worth a visit. Did you find the Jubilee Window? With the church behind you cross over the road to the beautiful black and white cottage.



Turn left down Old Snitterfield Road which then becomes School Road. Continue straight ahead on the sharp bend. You'll walk through hedgerows which will then open into a field. Continue straight ahead keeping the edge of the field boundary on your right. At an opening, bear left and head down towards the railway gate. Cross over the railway line and continue straight ahead to the road.

Cross over the road and turn right. After a short way, turn left down a long drive. This is about a mile long, passing cattle grids and a winding drive with lakes that may have otters in. When you reach the farm buildings turn left and continue straight through the middle of them.

Upon reaching a metal gate, continue straight ahead and up the steep hill. Don't forget to keep looking behind for the fabulous views. At the top you'll see a gate (also signed Monarchs Way) and continue straight ahead into Austy Woods.





Continue straight ahead and drop down through Austy Woods. You'll eventually come out at the top of a large field. Keeping the field boundary on your right, start to walk on a diagonal through the middle of the field, towards another small woodland. Continue to drop down through this small woodland, until you reach the road (A3400).

Cross over the road onto the other side (TAKE CARE) and turn right. After a short while you'll see signs for the View. Turn left down the gravel track back to Hill Farm Marina.



Remember to share your journey on social media tagging me **@rjfitnessandcoaching**

